

Download Become What You Are Alan W Watts

If you are interested in expanding your mind and becoming the person you are at a deeper level, then this is a must read. This book is a collection of several of Alan Watts' smaller essays that focus around living in the moment. Alan Watts writes phrases like "the only way..", and goes on to define what everything is. His attitude can leave you feeling meaningless, or confused. Alan Watts (1915–1973) was a British-American philosopher who interpreted and popularised Eastern philosophy for a Western audience. Born in Chislehurst, England, he moved to the United States in 1938 and began Zen training in New York. Alan Watts quotes on love. 3.) "What I am really saying is that you don't need to do anything, because if you see yourself in the correct way, you are all as much extraordinary phenomenon of nature as trees, clouds, the patterns in running water, the flickering of fire, the arrangement of the stars, and the form of a galaxy.